

# Practicing Effective Management

Practicing Effective Management provides managers with relevant guideline and meaningful tools for workplace success. In this training, participants will understand the nuances of management vs. leadership, identify appropriate ways to support their staff through structured supervision, learn how to exercise effective time management, and effectively respond to the demands of a competitive work environment.

Through course materials and active teaching methods, participants are equipped with the information and tools needed to develop and maintain successful, strengths-based, professional relationships with their peers and staff while maintaining good boundaries between their job demands and personal life. Key aspects of this training are relevant to all levels and types of management, including new managers, practice managers, executives, and experienced professionals.

- Learn meaningful tools for workplace success
- Increase individual and team productivity
- Enhance your effectiveness as a supervisor
- Discover the essential management toolkit components



**Adam Graham, LPC-MHSP**, loves helping interdisciplinary groups find new solutions to challenging problems. From the medical, psychological, recovery, and law enforcement communities to government to the private sector, Adam has gained invaluable experiences and insights that, in dialogue, can move mountains to serve people experiencing a mental health crisis. Trained as a clinical therapist, Adam has served these groups in his 14 years in the community mental health system as a clinician and emergency psychiatric services director, as well as in the roles of professor, threat assessment consultant to federal law enforcement, and international volunteer aid worker. Based in Nashville, TN, he joyfully fulfills the local obligation to be a musician, as well as an experienced trainer, presenter, problem-solver, and leader.



**Tess Parker, LMSW**, brings diverse experiences as a clinical therapist and facilitator. As a former director at a large behavioral health provider, she leverages her Master of Social Work from the University of Denver in a career dedicated to serving individuals experiencing mental health emergencies in both outpatient, and residential settings. Tess believes authenticity and vulnerability are at the core of human connection, and this belief is the foundation of her clinical and consultative approach. Tess has an uncanny ability to strategically identify critical gaps in care and then create programs to bridge those gaps and truly save lives. She is also an avid writer, a minimalist at heart, and values meaningful connections with persons served, customers, and her community.

**\$70 for full members**  
**\$270 for nonmembers**

**16.0 Continuing Education Hours**