

Reflective Supervision

Two dates to choose from:
September 29, 2022, 8:30am – 12:30pm
or
February 1, 2023, 8:30am – 12:30pm
Virtual Learning via Zoom
Instructor: Shawn Smith
(Interested participant register for one session)

Reflective Supervision is an empowering professional development approach that managers and other supervisory roles embrace to efficiently support the growth of their direct service team. During the course of a supervision encounter the supervisor guides the staff person through the following conversation structure.

The skills needed to achieve the effect and efficiency of Reflective Supervision are found in Motivational Interviewing and include: empathetic listening and use of active listening skills. Reflective Supervision is enhanced by the expression of the Spirit of MI (Partnership, Acceptance, Compassion, and Evocation). Reflective Supervision is a broadly embraced model that supports a Trauma Informed service environment. Embracing Cultural Reverence supports culturally responsive supervisory relationships in diverse teams.

The outcome of utilizing reflective supervision include: staff who are able to achieve increasing degrees of critical thinking aligned with the values and direction of their supervisor and organization, decreases in burn-out and compassion fatigue, as well as increasingly targeted and efficient professional development meetings.



Fee: \$15 for members; \$60 nonmember

4.0 Continuing Education Hours