

Perinatal Substance Use Disorders: Screening, Diagnosis, and Treatment

Course Description:

Substance use disorders remain a prevalent issue in Wisconsin, and women who are pregnant and breastfeeding face particular risks and challenges. This course will focus on the effects of the use of substances during the prenatal and perinatal period, and provide information about screening, diagnosis, and treatment of SUD in this population.

Learning Objectives:

- Understand the definition of Substance Use Disorders (SUD)
- Understand the prevalence of SUD in the perinatal period
- Understand the implications of SUD during pregnancy and breast feeding
- Identify evidence-based tools to screen for SUD in the perinatal population
- Identify diagnostic features of SUD
- Review evidence-based treatment options for SUD in the perinatal period

Modules:

Introduction and Course Objectives (1:16)

1. Introduction to Perinatal Substance Use Disorder (6:44)
2. Screening for SUD (7:31)
3. Tobacco Use in Pregnancy (9:20)
4. Alcohol and Cannabis Use in Pregnancy and Lactation (13:00)
5. Stimulant and Opioid Use in Pregnancy and Lactation (12:15)

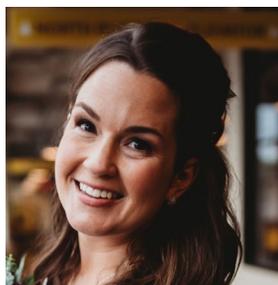
Total: 50:32

At the end of the 5 modules, you will complete a quiz. You must receive a score of at least 80% on the quiz to receive a certificate for 1.0 hours of continuing education.

Course Total: 1.0 Continuing Education Hours (10 minutes to review and take the quiz)

About your Trainer:

Instructor: Annemarie Uphus, CNM, PMHNP, APNA



Annemarie Uphus, CNM, PMHNP, APNP is an Advanced Practice Nurse in Northeast Wisconsin. Annemarie has over 13 years of experience as a Nurse Midwife caring for women in primary care and during the perinatal period. She recently completed a graduate certificate as a Psychiatric Nurse Practitioner in order to blend her expertise in women's health with psychiatry. She aims to address the ever-growing mental health needs of women and families in our communities. For fun Annemarie enjoys running, jewelry making, and spending time with her husband and their cocker spaniels.