

Older Adults in Crisis

Course Description:

This course is for helping professionals who support older adults and their families in the community and will cover a wide range of topics at the intersection of aging and mental health such as: psychiatric disorders in late life, dementia assessments and treatment, suicidality and substance use as well as incorporating trauma informed care and cultural awareness.

Learning Objectives:

- Describe the assessment of older adults with mental illness.
- List the most common and serious psychiatric issues affecting older adults, including depression, anxiety, suicide, substance use disorders and severe mental illness.
- Describe the assessment of older adults suspected to have dementia, including safety concerns and common medical issues.
- Appreciate that the treatment of persons with dementia includes addressing cognition, behavior and, in some cases, legal issues.

Modules:

1. Introduction to Aging & Mental Health (39:03)
2. Psychiatric Disorders in Late Life (36:15)
3. Dementia (48:38)
4. Treatment issues (27:26)
5. Taking care of all older adults (37:49)

Total: 3:09:51

At the end of each module you will complete a quiz. You must receive a score of at least 80% on each of the quizzes to receive a certificate for 4.0 hours of continuing education.

Course Total: 4.0 Continuing Education Hours (50 minutes to review and take each quiz)

About your Trainer:

Dr. Art Walaszek



Dr. Art Walaszek is a board-certified geriatric psychiatrist and Professor of Psychiatry at the University of Wisconsin School of Medicine and Public Health. Dr. Walaszek is Vice Chair for Education and Faculty Development in the Department of Psychiatry. He is past president of the American Association of Directors of Psychiatric Residency Training (AADPRT), and currently serves on the Psychiatry Review Committee of the Accreditation Council for Graduate Medical Education (ACGME). His research focuses on public health approaches to improving the care of people with dementia. Dr. Walaszek works with the [Wisconsin Alzheimer's Disease Research Center](#), where he is Co-Leader of the Outreach, Recruitment and Education Core, and with the [Wisconsin Alzheimer's Institute](#), where he leads the Public Health Pillar. Dr. Walaszek provides care to older adults with depression, anxiety, dementia and other mental health conditions, and teaches others to do the same.