

Behavioral Health Training Partnership

Web-based Best Practices in Outreach, Engagement & Safety Modules

<u>Module 1: Exploring the 'what, why, where, who and how of outreach':</u>	38:42
Chapter 1—Welcome to Outreach	5:26
Chapter 2—What is Outreach	4:11
Chapter 3—Principles of Outreach	6:43
Chapter 4—Outreach in Action	1:03
Initial Contact (Episode 1): PATH Street Outreach Video Series	8:49
Chapter 5—Effective Outreach Workers	7:07
Chapter 6—Why Does Outreach Matter	5:23
<u>Module 1.1: Hitting the Streets</u>	29:36
Chapter 1—Where Do Outreach Workers Go	9:38
Chapter 2—What Goes in the Backpack	6:35
Chapter 3—What Feeds Your Soul	13:23
<u>Module 2: Providing Trauma-Informed, Healing - Centered Outreach:</u>	1:15:32
Chapter 1—Introduction	1:08
Chapter 2—PATH video	7:30
Chapter 3— Safety Recommendations: Preparation	8:18
Chapter 4— Safety Recommendations: Personal	6:13
Chapter 5— Safety Recommendations: Proactive	4:06
Chapter 6— Trauma and its Impact	19:37
Chapter 7— Providing Trauma-Informed, Healing-Centered Outreach	28:40
<u>Module 3: Centering Race Equity in Outreach:</u>	37:33
Chapter 1—Why Lead with Race	2:32
Chapter 2—Historical Context of Housing and Homelessness	6:33
Chapter 3—Understanding Equity: Anti-Racism Language and Concepts	9:16
Chapter 4—White Dominant Culture Norms	3:38
Chapter 5— Practical Considerations for Outreach Workers	9:01
Chapter 6—Racial Equity Commentary	6:33
<u>Module 4: Facilitating Conversations About Change:</u>	1:09:48
Chapter 1—The Basics of Motivational Interviewing	13:05
What is Motivational Interviewing	0:59
Chapter 2—Two Contrasting Demos Part 1	1:42
How NOT to do Motivational Interviewing in Dental Practice Addressing tobacco use with David	2:56
Two Contrasting Demos Part 2	3:15
Motivational Interviewing in Dental Practice Addressing tobacco use with David	3:58
Two Contrasting Demos Part 3	5:24
Chapter 3—A Personal Taste of MI	5:46
Lifting the Burden in Motivational Interviewing	2:06
Chapter 4 - The Spirit of Motivational Conversations	13:52
Chapter 5 - Adapting MI in Outreach	16:45

Module 5: Fostering Wellness and Resiliency in this Work:

	54:02
Chapter 1— What is Self-Care?	12:18
Chapter 2— Self-Care in Action	1:06
The Choice	3:27
Chapter 3— The Four Domains of Self-Care	18:06
Chapter 4 - Self-Care Resources	9:11
ProQL	5:00
Chapter 5 - Self-Care Commentary	9:54

Total time: 5:10:13

Quizzes (5)/Review (approximately 10 minutes/module): 50 minutes

Course Total: 6:00 hours