

# DBT Virtual Workshop Series ~ Advanced DBT Trainings

November 2022 – June 2023

## Trainer Biographies

### **Lesley Baird Chapin, Psy.D.**

Lesley Baird Chapin, Psy.D. is the Vice President of the Pauquette Center for Psychological Services and the Dialectical Behavior Therapy trainer for the Department of Corrections. Dr. Chapin received her doctorate in clinical psychology from the University of Denver in 2009. She completed her internship at CMC-Randolph Behavioral Health in Charlotte, North Carolina, and her post-doctoral supervision with the Wisconsin Department of Corrections. She has practiced DBT and clinical psychology in inpatient, outpatient, residential, correctional and forensic settings with adolescents, adults, and families since 2006 and has specific training and experience applying DBT with individuals who have experienced trauma. Dr. Chapin is a board certified DBT clinician, certified by the Linehan Board of Certification, the only certification body sanctioned by the creator of the treatment. Dr. Chapin has been providing DBT training for mental health professionals, medical professionals, and support professionals since 2014.

### **Neal Moglowsky, LPC**

Neal Moglowsky received his Master's degree in Educational Psychology from the University of Wisconsin in Milwaukee and is a Licensed Professional Counselor. He has been working as a psychotherapist since 1995. He has received advanced training in the treatment of anxiety disorders, Post-Traumatic Stress Disorder, Obsessive Compulsive disorder, Panic Disorder, and problems regulating emotions resulting in impulsivity. He has been intensively trained in Exposure Response Prevention for the treatment of anxiety disorders as well as Dialectical Behavior Therapy (DBT) for difficulties regulating emotions and has been conducting DBT skills training groups since 1997. He is the clinical coordinator of the DBT program at the Center for Behavioral Medicine. He also has an interest in integrating mindfulness practices into his clinical work to help increase self-awareness and teach clients how to better control their focus and attention. Neal has an infectious sense of commitment and motivation to the health of the clients he works with. His goal is to empower his clients let their values and ethics drive their life choices rather than their emotions and impulses.

### **Kim Skerven, Ph.D.**

Kim Skerven, Ph.D. is a Licensed Psychologist specializing in Dialectical Behavior Therapy (DBT). She is a Certified Clinician through the DBT-Linehan Board of Certification. Dr. Skerven provides individual DBT, conducts DBT skills training groups, and provides DBT supervision.

### **Henry Boeh, Ph.D.**

Henry Boeh is a certified DBT clinician through the DBT-Linehan Board of Certification, and a licensed psychologist. He works with both adult and adolescent clients, and is the team leader of the Center for Behavioral Medicine Adolescent DBT Program. Henry is passionate about delivering adherent and comprehensive DBT treatment, and teaching others to do the same.

### **Megan Schiferl, LPC**

Megan is a certified DBT clinician through the DBT-Linehan Board of Certification and a licensed counselor. She sits on both the adolescent and adult comprehensive DBT programs at the Center for Behavioral Medicine, where both programs are independently certified through LBC. In addition to serving as individual therapist and skills group leader, Megan also supervises trainees and early career counselors and offers specialty training DBT in their teaching and training programs. Megan also serves as an adjunct instructor at Alverno College in their Masters of Community Psychology program. Megan completed her BA from South Dakota State University and her MS in Community Psychology from Alverno College.

### **Kim Marohl, LPC**

Kim Marohl is a Linehan Board of Certification Certified DBT clinician and has been practicing since 2006. She has implemented full DBT programs serving adolescents and adults in Green Bay, and she is currently in private practice in Sturgeon Bay. She is also trained in DBT Prolonged Exposure (DBT-PE) and specializes in trauma, OCD, and Panic disorders. She enjoys teaching DBT and supporting clinicians in their practice.

**Lynn Rosenberg, MS, LPC, LAC**

Lynne Rosenberg is a Licensed Professional Counselor and Licensed Addiction Counselor in Durango, Colorado. She grew up and lived in Milwaukee, Wisconsin until 2015 where she was licensed as a Substance Abuse Counselor.

Lynne's educational history includes a Bachelor of Business Administration from UW-Madison, a Bachelor of Arts in Psychology/AODA Counseling from Alverno College and a MS in Community Psychology/Counseling from Alverno College. During her psychology-focused college years (2010-2015), Lynne worked as a counselor at Meta House of Milwaukee, gaining experience treating women struggling with substance use disorders as well as gaining education and experience in the use of medication assisted treatment (MAT) for substance use disorders. While in her graduate program at Alverno, Lynne interned at the Center for Behavioral Medicine in Brookfield, Wisconsin where she developed a passion and interest in applying Dialectical Behavior Therapy (DBT) to the substance use disorder population (DBT-SUD). Lynne believes that the emotion dysregulation issues regularly seen with individuals struggling with substance use disorders are often overlooked in traditional SUD treatment and that the skills that DBT offers can be the missing piece when frequent relapses have occurred.

Since 2015, Lynne has lived and worked in southwestern Colorado, where she has continued her DBT and DBT-SUD education and experience. She completed the Portland DBT Institute's DBT-SUD training facilitated by Linda Dimeff, PhD, who co-authored "Dialectical Behavior Therapy in Clinical Practice" and who has written and researched a wealth of information on DBT-SUD. Lynne has developed and facilitated DBT-SUD skills groups within a community mental health setting and has now started her own practice which focuses on DBT and DBT-SUD. She participates on a comprehensive DBT consultation team that is currently immersed in a Behavioral Tech eighteen-month intensive training in DBT and she facilitates two adult DBT skills groups.

In 2022 Lynne and her intensively trained colleagues intend to launch an adolescent and family DBT program in southwest Colorado, a more comprehensive DBT-SUD program, and a graduate skills group to add to the adult program currently running at her practice, Mindful Mountain Healing.